

ALICA FLANAGAN, LICSW

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Cambridge, MA 02138
Phone: 617-219-9669**

Please provide the following information below needed for your record. All information will be held confidential in your client file. If there are questions that you do not wish to answer at this time, feel free to leave them blank. Please bring the completed form with you to your first session.

Name: _____
(Last) (First) (Middle initial)

Age: _____ Birthdate: _____ Gender: ___ M ___ F ___ Transgender

Marital Status: ___ Never Married ___ Married ___ Divorced ___ Separated
___ Widowed ___ Domestic Partnership

Please list any children and ages: _____

Home Address: _____
(Street Number)

(City) (State) (Zip Code)

Phone: _____
_____ yes _____ no
(okay to leave a message)

Email: _____
please note that email is not always a secure form of communication

Who do you live with? _____

Emergency Contact Information:

(Name) (Relation) (Phone #)

Who are your primary supports?

How often do you have contact with your supports?
Daily Weekly Monthly Less than every month

Health and Medical

Please list current and past prescription psychiatric medication that you are taking or have taken, including dose and frequency:

How would you describe your current physical health (please circle one):

Poor Unsatisfactory Satisfactory Good Excellent

Please list any current medical conditions:

Are you having any trouble with your sleeping or eating patterns (if so, please describe):

Substance use:

___ Alcohol
 ___ drinks per week

___ Tobacco
 ___ packs per day

___ Use of illicit substances
 ___ marijuana ___ heroin ___ cocaine ___ ecstasy/Molly ___ benzodiazepines ___ other

___ Over-the-counter medication
___ Abuse of prescription drugs

Do you think your substance use is a problem?

___ Yes ___ No

Any past problems with drugs or alcohol?

___ Yes ___ No

Occupational and Social

Are you currently employed? ____ yes ____ no

What is your current occupation: _____

Highest level of education

HS grad / GED

Some college

College degree

Postgraduate

Are you currently a student? ____ yes ____ no

Where do you study / what degree are you pursuing? _____

Please list any current legal troubles at this time, if any:

What kind of activities or coping strategies do you use when you are stressed or overwhelmed?

What do you view to be your strengths as a person?

Briefly describe what has brought you to therapy at this time and what goals you would like to accomplish during therapy.

Are you currently receiving any other mental health services?

____ Yes ____ No

If yes, who with:

(Name)

(Phone number)

(Name)

(Phone number)

Check here if willing to sign a release of information for communication with the above named provider(s):

Family History

Please list any medical (both physical and mental health) conditions that exist within your family, as well as the family member with the condition:

Is there a history of drug/alcohol abuse and addiction in your family? If so, please describe:

Is there any history of suicide in your family? If so, please list:
